



**Let Your Life Speak
A Circle of Trust Retreat®
Bon Secours Retreat and Conference Center
Marriottsville, Maryland
May 6-8, 2015**

It is hard to imagine a more challenging time for those in Healthcare than the current environment. It is the best of times and the worst of times, times that invite us to look more deeply to the self that is engaged in this work. Often the questions that arise when we inquire more deeply are the questions: “what” are the tasks of this work? ; “how” do we accomplish them? ; and “why” or for what purpose are we engaged in this work? Seldom, however, do we ask the question “who” is the self that is engaged in this work? How does this self impact the work, for good and for bad? How is the self continually honored and renewed as we work with, relate to and lead others?

Let Your Life Speak is a retreat designed for those who are asking the question: “who” is the self engaged in this work? It is rooted in the belief that effectiveness in our work flows from the identity and integrity of the individual. This retreat invites participants to reflect on how they can be engaged in their work and be true to themselves; to reflect on ways that their inner life and outer work are connected; and how one can bring one’s gifts and skills to their work.

This retreat will utilize the Circle of Trust® approach which is based on the work of Parker Palmer and The Center for Courage and Renewal. Utilizing stories, poetry, journaling, time in nature, in solitude and time sharing in a trustworthy community, facilitators will help create a quiet, focused space where the voice of the inner teacher may be heard.

Retreat Facilitators



Phil Panzarella is a physician and a facilitator with the Center for Courage and Renewal. Phil has been involved in healthcare as practitioner, educator and administrator. He is currently Chair of a large Department of Medicine and Internal Medicine residency program director in Baltimore. He is a musician and his interests include public health, literature, poetry, alternative healing systems and yoga.



Penny R. Williamson, ScD is an internationally recognized healthcare facilitator and educator. She is a founding facilitator and mentor for the Center for Courage and Renewal and Associate Professor (part-time), The Johns Hopkins University School of Medicine. Her interests include embodied practices, music, poetry, literature and time in nature.

(Further information for the Retreat Center: rccbonsecours.com)

**Let Your Life Speak
Application
Bon Secours Retreat and Conference Center
1525 Marriottsville Rd., Marriottsville, MD. 21104
5 pm, Wednesday May 6 - 1 pm, Friday May 8, 2015
Deadline: March 15, 2015**

Name _____

Position _____ Organizational Affiliation _____

Preferred Mailing Address _____

Preferred Phone Contact _____

Email Address _____

Emergency Contact _____ Phone _____

Special Meal Requests _____

Please add a brief statement about what draws you to this work:

Program Fee: \$750.00 includes single occupancy room, board and tuition.

Please return this completed application along with a check by March 15, 2015.

Please make check payable and send to:

Philip Panzarella, M.D.

5 Wineleaf Court

Cockeysville, Maryland 21030

(questions?—pfpanz@comcast.net)

Cancellation policy: We understand that life challenges emerge and change happens. If you find it necessary to cancel, a full refund minus \$100 administrative fee will be given if notice is received one month prior to the start of the retreat. For cancellations received less than one month prior to the beginning of the program start date, no refund can be given.